

St Patrick's School Allora— Newsletter



Our Vision
An inclusive community committed to high levels of learning for all.

Our Mission
In the spirit of Saint Mary Mackillop, we strive for excellence with love, dignity, integrity and justice.

Our School Student Protection Contacts are:
Miss Donnelly, Mr Maher and Jayne (school counsellor)

Reminders and To Do List
School Photos—return envelope (one per child) by Wednesday 4th March. Photos to be taken Tuesday 10th March
Sign up to/ update your FlexiBuzz to your child's year level for 2020.
Book Club orders to be placed by Monday 9th March


St Patrick's School – A Nut Aware School.
We are aware that children may have a severe anaphylactic reaction to peanuts. Parents are requested to be diligent with items packed in lunch boxes.

Dear Families,
Where are we heading? Goals are important! At school we expect students to have goals about their learning. Every member of our school team has goals that they work for so that we can strive towards our school Vision of being 'An inclusive community committed to high levels of learning for all.' If the purpose of setting goals to improve ourselves and our school, how do we ensure that we're all heading in the right direction together and why is this important?

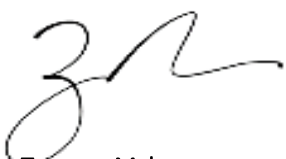
In our work lives we have more specific targets that help advance our businesses; be they the ones we run ourselves or the ones that we help to run. The goals that we set in our work, whether I'm a student or an adult, help us be better and, at the same time, if they're the right goals, also help our school to be the best it can be. When students see other students achieve goals they create a 'buzz' that inspire others to new and energized efforts.

However, in order for these goals to have this type of affect for ourselves and others, there has to be a sense of everyone moving in the same direction. After all, if we all started setting goals completely different from our focus, our energies would be invested in the wrong places. We wouldn't be able to responsibly focus our resources towards achieving the best results for our school. For this reason, we set goals that are in alignment with our school's direction. This direction year in and year out comes from our 2019—2022 Strategic Plan (pictured above and locatable on our school's website).

As a family at our school, you should be very proud of this plan because many of you had a great deal to do with its creation. Our Strategic Plan has drawn on feedback that our students, parents and school team have offered in different forms over recent years. Last year, many of you offered your feedback during our school's review. In 2018 families offered their perspectives in the review of our school's Vision and Mission. The data gathered from our yearly school improvement surveys was synthesized and compared to the feedback already mentioned.

Please familiarise yourself with our school's Strategic Plan. It gives a clear picture of where we're heading and what we plan to achieve by the end of 2022. It is a document that will keep us on track towards achieving our goals and will guide all of us in the setting of our annual goals that form our Annual Action Plan each year. As always, if you have any questions or ideas relating to our Strategic Plan, you should feel very welcome to come in for a chat.



God Bless

Tyronne Maher
Principal

“Proper planning and preparation prevents poor performance.”
Stephen Keague

St Patrick's School Allora— Newsletter



School News

Assembly on Friday 8.50am

Term 1

Week 6: Leaders

Week 7: Leaders

Week 8: Leaders

Week 9: Cross Country

Week 10: School Closed Friday.

Student of the Week Awards— Week 4

Pat on the Back:

Talgai

Poppy Burns

Dalrymple

Flavia Di Brita

Glengallan

Angus McArthur

Week 5

Pat on the Back:

Talgai

Max Kirkland

Dalrymple

Alexa DiBrita

Glengallan

Zara Sullivan

Spirit of Jesus

Week 4

Talgai

Mahailia and Lachlan

Dalrymple

Jake and Emilia

Glengallan

Alana and Joshua

Week 5

Talgai

Hunter and Harriet

Dalrymple

Darius and Douglas

Glengallan

Evie and Axil



Gus Nolan and Tom Peters

School Cross Country - Online Form Coming Soon

On the 27th March we join St Francis De Sales Clifton at the Clifton Golf Course at 9am for a 9:30am start. The event normally concludes by 12:30pm. A participation event will be run for those students not wishing to take part in the competitive events. Children will need a hat, sunscreen (applied before arrival) and plenty of water. Distances for children wishing to compete in the competitive events are listed below;

- 11 and 12yrs students run 3km
- 9 and 10yrs students run 2km
- 7 and 8yrs students run 1km
- 5 and 6yrs students run 500m

(Note—Only 'competitive' 10 – 12yrs runners are considered for the next level.)



2019 Cross Country Fun!

Children may accessorise their sports uniform with colours to represent their sports houses.

We will require transport from our families on the day. An electronic 'Form' will be sent to parents in the next few days where families can indicate their availability to transport children to and from the Clifton Golf Course. St Francis' P&F Association will be offering a 'Meal Deal' for the day. Families will be able to complete their order online for this also. We look forward to you being there on the day to support your children in this event.

Media Consent—All families, at point of enrolment, can indicate on their application form their preference for their child's/children's photos or videos being used for advertising or information sharing purposes (e.g. this Newsletter). In the interest of privacy, we do not use your child's surname in our displays. If you have any media concerns for your child, please contact the office and raise this with a member of our team.

Central Downs Sport Trials—Congratulations to those of our students who were successful at the recent Central Downs Soccer, League and Netball Trials. We wish the following students good luck at the Southern Downs level of trials/competition:

Soccer: Matilda.

Netball: Ruby, McKinley and Sarah.

League: Joshua, Marty, William, Jonte, Kaleb,

Angus and Hugh.

Swimming News—Well done to our swimmers who recently represented our Central Downs District at the Southern Downs Swimming Carnival. Particular mention goes to Jonte, William P., and McKinley on their selection to the Southern Downs Team to participate in the Darling Downs Carnival tomorrow Good luck!

Congratulations to William who was awarded overall Age Champion for the 11yrs Boys at last week's Southern Downs Carnival.



Parish News

LITURGY TIMES

1ST SUNDAY OF MONTH –

MASS 9AM

2ND, 3RD SUNDAY OF MONTH – MASS

5.30pm

4TH, 5TH SUNDAY OF MONTH – LITURGY
OF THE WORD –

9 AM



St Patrick's School Allora—
Parent's and Friends Association

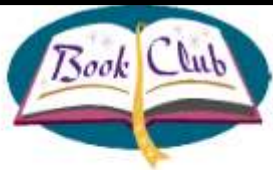
'As many hands build a house,
so many hearts make a school'

Next P&F Meeting—6pm (new time) in the Library on Wednesday 18th March

Our P&F, which we are all a part of, raises important funds that directly benefit our students. The old saying of 'Many hands make light work' could not be more true when talking about our P&F group. You don't need to be a member of the executive committee to contribute. Our main fundraisers are our school's trivia night and Fete. However we are always open to new ideas. We hope to see you at our next meeting.

Meet and Greet and Disco—4th March: 5:30—7pm

A free barbeque and disco will be put on for the children and their families on Wednesday evening. Our school student leaders are promoting an 80s theme. Our 'Meet and Greet' is a great way to make new connections in our community. We look forward to seeing you there.



Book Club brochures were sent home today with the children.

If you are buying as gifts, please remember to let me know, and if you are ordering online, make sure you tick the Gift box.

LOOP is the easiest way for parents to order and pay for Book Club. For more information on LOOP, visit: scholastic.com.au/loopinfo. The online orders must be placed before the end of the day on **Monday, 9th March**. If you are paying by cash, please hand in your orders to the school office by the above date.

Every time you order through Book Club, St Patrick's earns rewards which we spend on more books for our library.

Thanks for ordering from Book Club.

Hello, it's nice to meet you!

My name is Jayne Farquharson and I am excited to introduce myself as your School Counsellor. Please find some tips below to help your child feel more relaxed.

Teaching your child to be calm – ways to increase relaxation

Knowing how to calm and manage your emotions is an important life skill. When children are stressed, they experience higher levels of anger and anxiety. Learning how to relax is a skill that can be learnt. First identify what causes stress for your child. Then teach your child to become aware of what they are feeling. Ask them to name the feeling and tell you how it feels in their body, such as physical sensations, like butterflies in my tummy. Teach your child a few ways to calm down so they can use this when they feel upset some examples are slow breathing, mindful colouring in, physical activities like jumping on the trampoline. Choose one or two calming activities that your child prefers and get them to do it often, like before bed, or straight after school. This will support your child in their ability to use coping tools to keep calm and reduce their experience of stress.

For more ideas check out the links below:

Go Zen: 50 Calm-Down ideas to Try with Kids of all Ages

<https://gozen.com/50-calm-down-ideas-to-try-with-kids-of-all-ages/> Coping Skills for Kids

Coping Skills for Kids: Calming Anxiety in Children and Managing Anger

<https://copingskillsforkids.com/calming-anxiety/>

<https://copingskillsforkids.com/managing-anger>






Assumption College Warwick
Enrolling Now for 2021

Enrolment Packs are available from the College Office.

Please contact the office on 4660 4000 for further Information.


Uniform Requirements—Families, please familiarise yourself with our school's uniform policy. It indicates the correct uniform, how it is to be worn and how students are expected to present themselves. Our policy can be found on our school's website.

2020 Term Dates
 Term 1 - Tues 28 January—Friday 3 April
 Term 2- Mon 20 April—Friday 26 June
 Term 3- Mon13 July—Friday 18 September
 Term 4 -Tues 6 October—Friday 4 December

2020 ONLINE ANNUAL CALENDAR—COMING SOON

DATE CLAIMERS- 2020

- 4th March - Prep Vision Screening
- 4th March - Darling Downs Swimming
- 4th March - 'Meet and Greet' and student disco—'80s theme' - free BBQ and Disco
- 10th March - School Photos— Formal Day Uniform
- 13th March - SD League, Netball and Soccer Trials
- 16th March - Central Downs Tennis
- 16th March - Family Health and Well Being Week
- 18th March - P&F Meeting 6pm
- 27th March - Cross Country - Clifton Golf Course
- 1st April - Central Downs Cross Country
- 2nd April - Last school day of term 1
- 3rd April - Staff Professional Learning and Planning Day (School Closed)



Please join us to celebrate the opening of our new
Warwick & District Netball Assoc
Barnes Park Courts


Celebrations are in conjunction with our
Junior Netball Fixtures and Darling Downs Inter District Carnival

Date: Saturday, 28 March 2020
Where: Barnes Park, Matthews Street, Warwick
When: Saturday 12 noon – 3.30pm and Sunday 8.00am – 4.00pm


Proceedings:
 12 noon - 12.30pm Opening and formalities
 12.30pm – 3.30pm Junior netball fixtures

We invite you to return on Sunday 29 March to enjoy our hosting of the Darling Downs Inter District Carnival (Round 2). 50 teams and 500 players are expected for the carnival.

With special thanks to:



RSVP to:
 Linda Burch on 0407 734 380
 warwicknetball@bigpond.com
 by Friday 20 March 2020.




St Patrick's Parade takes place on
 Sunday 15 March at 10.15am
 Gather at the Irish Club Hotel Carpark

Dress to show your "Irish"
 Join us afterwards in the hotel

