



Newsletter- St Patrick's School Allora

Providing quality education since 1916

"Never see a need without doing something about it." - Mary MacKillop

Vision—We are an inclusive community committed to high levels of learning for all.

Our School Student Protection Contacts:

Miss Donnelly and Mr Maher



Reminders

Tuck Shop

Friday 2nd November

Orders in the classroom baskets by

Tuesday 30th October

St Patrick's School – A Nut Aware School.

We are aware that children may have a severe anaphylactic reaction to **peanuts**. Parents are requested to be diligent with items packed in lunch boxes.



What is an Effective Learner? At St Patrick's, our 'Visible Learning focus' is not just about tracking what is and isn't working for our students, it's also about giving our students the skills to be effective, lifelong learners. If students are to become effective learners, they need to know how an effective learner thinks; learning dispositions; and what they do; processes and tools they use for learning.

Currently at St Patrick's, we are bringing together research and what we know about learners to create a *profile for an effective St Patrick's learner*.

In bringing this profile together, we will gather the thoughts of parents and students on what they think effective learners should think and be able to do. The goal will be for all members of our school community to know the characteristics of an effective learner. We look forward to your feedback.

Negative Children— We occasionally have worried families asking about their child's state of wellbeing at school. Often this question is met with confusion from the teacher. We see a happy, engaged student who might sometimes need some additional support academically, socially or a combination of these. What can we do about this?

The constant complaints, apparent unhappiness, and other unpleasant behavior can easily wear on any family. It's easy for parents and children to fall into a pattern of consistently negative interactions, but turning this around is possible.

A good way to address a negative temperament is to take a four-prong approach. These strategies will help you manage your child's negative outlook so you can teach them how to appreciate the small joys in everyday life.

1. **Ignore Some Bad Moods**— Don't ignore your child, ignore the mood. When you don't react to your child's negativity, you take one step forward in extinguishing negative behaviors.
2. **Identify the Underlying Needs**— You'll soon be able to identify your child's patterns of negative moods. New situations including new learning and social interactions at school and can be strained or conflicted. Your child may also want your attention, and complaining is their strategy to get it.
3. **Confront Negativity**— Don't allow your child to escalate their mood or control the entire family atmosphere. A simple "That's enough. I understand that you feel that way, but..." is enough. Move along with your activities and let your child know that the subject is closed.
4. **Teach Positive Behavior**— Show them lots of affection and love so that they will learn to share the same. Sharing your joy and thankfulness provides a model for living that will allow your child to overcome their challenging temperament.

Research also suggests that a negative 'fixed' mindset regarding school, can sometimes be our children preparing us for the worst. "I'm not doing my best at the moment and my teacher may want to see you".

Sources (and possible further reading) -

<https://www.melbournechildpsychology.com.au/blog/how-to-help-the-pessimistic-child/>

<https://www.verywellfamily.com/parenting-your-negative-child-619139>

God Bless


Tyrone Maher
Principal

'Your positive action combined with positive thinking results in success.'

Shiv Khera

Read more at: https://www.brainyquote.com/quotes/shiv_khera_572334?src=t_positive



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School News

Assembly Term 4 Friday 8.50am

- Week 3: Leaders
- Week 4: Leaders
- Week 5: Remembrance Day Liturgy
- Week 6: No Assembly
- Week 7: Leaders
- Week 8: No Assembly
- Week 9: Christmas Liturgy and music concert

School Mass
(all welcome):
9.30am Tuesday 6th November
All Souls/All Saints



Happy Birthday for this week to:
Joshua Millard

Student of the Week Awards

- TALGAI** — Emilia Hoey for showing great leadership and enthusiasm during group work.
- CUNNINGHAM** — Logan Schelbach for being a caring school mate.
- DALRYMPLE** — Harrison Dangerfield for using strategies for solving problems.
- GLENGALLAN** — Brett Shelton for working so hard and co-operatively to achieve his goals.

Mary MacKillop Award Respect.

- Talgai—Oscar Coker
- Cunningham— Gus Nolan
- Dalrymple— Evie Gilmour
- Glengallan— Seth Esson

Fete Success— Thank you to all of our parents, teachers and students who in some way contributed to the success of the night last Friday. It's event's like these that contribute to the success of our community. The Year 5 and 6 students were responsible for the planning and running of the 'Chocolate Toss' stall. The funds raised will be used for the Year 6 farewell gift to the school at the end of the year. As always, our students sang beautifully in their respective choirs. Well done! We look forward to our fete in 2019.

Red Day Fund Raising— This Friday is 'Day for Daniel'. Students are encouraged to wear something red as part of their uniform. This could be red socks, red hair bands, red shorts or a red shirt. This day is a reminder to us of the responsibility we share in the protection and care of all children. Money raised will go to the Morcombe Foundation who support harm prevention initiatives

Darling Downs Representatives Return Home— Well done to Lewis May and Patrick Denny who both put in a very good effort at the recent Queensland Primary Athletics Championships in Cairns. Both boys achieved personal bests and enjoyed being able to represent their school and district at such a high level of competition.



Talgai News

Thanks to Mrs Kirkland, Mrs Pitstock and the efforts of the students in Talgai, learning activities progressed well during my absence. Mrs Kirkland was very pleased with the attitude and contributions of students especially with the excitement of the fete.



Thank you to our local fire officers Jeff Pitstock and Ross Williams for teaching us some fire safety tips.

You Can Do It! At St Patrick's we focus on student

progress: with maximum results when we all work together. However progress can have obstacles and that is when students need to be resilient. Grit, determination, mental skills, and being mentally strong are reliance skills that we are all familiar with, and are the qualities needed by all of us at some time in our lives.



Did you know? It may be surprising but research shows that gratitude is another skill required to build resilience. Gratitude can be developed with practice and is tied to happiness. It has other positive effects: - looking for what is good, decreasing negativity, identifying what are solvable problems, better problem-solving of these problems, maintaining hope, feeling better, building confidence and improving relationships. To help develop this skill, each afternoon in Talgai, we have started a daily 'We are grateful for' reflection of our day.

Students of the week Congratulations to Oscar Coker on receiving the Mary Mackillop award from Mrs Kirkland for showing respect. It is pleasing that the values taught are demonstrated in new situations. 'Student of the Week' went to Emilia Hoey for showing great leadership and enthusiasm during group work. "A little birdie" also told me that she was very welcoming to our new Year One Student, Tanali.



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Parish News

LITURGY TIMES

1ST SUNDAY OF MONTH –

MASS 9AM

2ND, 3RD SUNDAY OF MONTH

– MASS 6pm

4TH, 5TH SUNDAY OF MONTH –

LITURGY OF THE WORD – 9
AM



St Patrick's School
Parents & Friends Association

... as many hands build a house, so many hearts make a school

**Next P & F Meeting Wednesday 21 November
7pm in the Library. All welcome.**

TOPICS TO BE DISCUSSED—Fete – Review and feedback

**Thank you to all Families for their contributions to a successful
2018 Fete.**

SCHOOL BELL TIMES

8.40am Start of School

10.50am Break start

11.30am Break finish

1.30pm Snack start

1.50pm Snack finish

2.50pm Pack up

2.55pm End of School

UNIFORM DAYS

Monday — Formal

Tuesday — Formal

Wednesday – Sports

Thursday – Formal

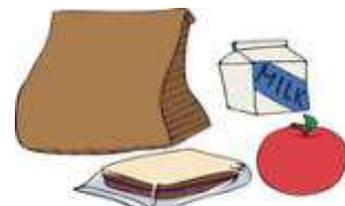
Friday – Sports

Tuck Shop

Friday 2nd November

Sweet Treat—Honey Bubble

Crunch \$1.00



shutterstock · 269422556

A paper bag per order with correct money in and a completed order sheet attached are to be placed in the classroom baskets NO LATER than

Tuesday 30th October.

Unfortunately late orders cannot be accepted.

Last Tuck shop for 2018 on Friday 23rd November

Fete Fun!



A little rain did not dampen the spirits of our Senior and Junior Choirs. 75 of our children were present to represent our school and have some fun. Well done to all of our children on yet another outstanding effort.



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What's Happening?

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The **Toowoomba Grammar School Cricket Coaching Camp** is running again from 21 – 23 January 2019.

This camp is open to all boys aged 9 – 13 years and is a great opportunity to learn from experienced coaches as well as meet other young cricket enthusiasts.

We offer live-in arrangements and want to make sure we reach out to as many areas of The Darling Downs as possible.

Brochures for interested students are available at the school office.

PLEASE SEE OUR SCHOOL WEBSITE FOR OUR 2018 ANNUAL CALENDAR OF EVENTS

DATE CLAIMERS- 2018

- 23 Oct School Standardised Testing
- 26 Oct World Teacher's Day
Day for Daniel— Wear red!
- 30 Oct Prep transition morning
- 14 -16 Nov - Year 5/6 Camp—Tallebudgera
- 30 Nov School Swimming Carnival
- 4 Dec 5.30pm Graduation Ceremony
- 7 Dec 10am—Christmas Liturgy and Music Concert
12pm—School Year Ends

2019 Term dates

- Term 1 Tuesday 29 January to Friday 5 April
- Term 2 Tuesday 23 April to Friday 28 June
- Term 3 Monday 15 July to Friday 20 September
- Term 4 Tuesday 8 October to Friday 6 December

Friday nights in Allora means....

Allora

Swimming Club!

Come along to the Allora Pool this Friday (26th October) starting at 5pm and be part of our great little club. From beginners (you only need to be able to swim 12.5m of any stroke) to competitive swimmers - anyone interested in having a go and having fun.

FREE COME AND TRY NIGHT WITH FREE SAUSAGE SIZZLE!!!!

