

*"Never see a need  
without doing  
something about it." -  
Mary MacKillop*

**Vision—We are an  
inclusive  
community  
committed to high  
levels of learning  
for all.**

Our School Student  
Protection  
Contacts are:

**Miss Donnelly, Mr  
Maher and Karen  
(school counsellor)**



### Reminders and To Do List

- **Fee Invoices have been emailed and are due for payment by 7th March. Also please note the change of school bank account details.**
- **Ash Wednesday Liturgy at 2pm on Wednesday 6th March**
- **Book Club orders to be placed by Monday 11th March (online or to school office)**
- **School Photo Order envelopes (1 per child) have been sent home today please return to the school office before Wednesday 13th March or sooner.**
- **Cross Country Meal Deal Orders per family to the school office with the correct money by Friday 15th March**

**Dear Families,**

**Protecting Our Children**— Once again it has been disappointing to read and hear in the news recently about how organisations we trust have failed to protect children. It is these types of failings that we've heard and continue to hear about, that remind us about the importance of protecting, all students in all schools and the responsibility we have in this very important work.

Today, in all schools across Australia, we have procedures and training that assist us in keeping our learners safe. At St Patrick's School, all staff complete annual training in student protection and the Toowoomba Catholic Schools 'Code of Conduct'.

Even our wonderful volunteers attend annual training on this very important subject.

Miss Mary Donnelly (class teacher), Mrs Karen Bruggemann (school counsellor) and I are the St Patrick's 'School Student Protection Contacts' and receive extra training above that which is required of all staff. Even though all children are made aware of every staff members ability to assist them should they require it, students, and many of our parents are aware of the specially trained members of staff that can assist them.

Sitting outside of our school support network is Mrs Barbara Woods, the Toowoomba Catholic Schools Student Protection Officer. Barbara provides a wealth of experience and has been on hand on many occasions to assist us where we may require additional support.

We all have a responsibility when it comes to keeping children safe. I encourage all community members to continue their vigilance and report any concerns to the school and/or our local police. Even the smallest things, when reported, can go a long way to keeping all of our children safe.

**Bullying?** Bullying is the repeated\* mean behaviour towards another person. What should I do as a parent if I think my child is being bullied?

Don't:

- Keep it to yourself (and hope it will pass)
- Approach the other parent/s to try and resolve the issue. These reports need to be investigated beyond your own child.
- Ignore it/tell them to play with someone else.

Do:

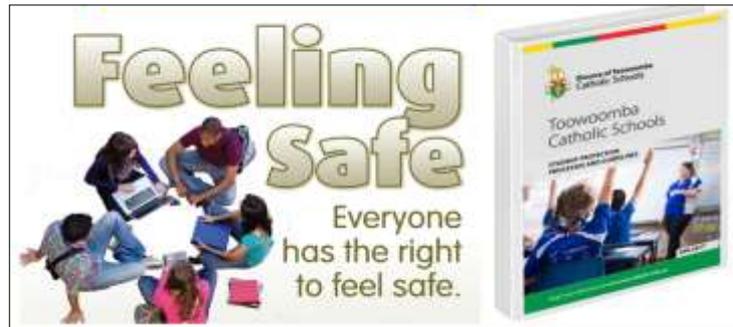
- Report to the teacher/ Principal straight away— your child is worried but reasons for not reporting like; 'Don't Mum/Dad, it will get worse' are not acceptable.
- Encourage your child to report straight away. Students are taught to do this at school. A follow up phone call/ email to the school to check to see if your child has reported is a great strategy!

(\*Online Bullying does not need to be repeated)

God Bless



Tyrone Maher  
Principal



**"Start children off on the way they should go, and even when they are old they will not turn from it" - [Proverbs 22:6](#)**



### Assembly Term 1

#### Friday 8.50am

Week 6: Leaders

Week 7: St Patrick Feast Day Liturgy

Week 8: Leaders

Week 9: No Assembly Pupil Free

### School Mass Term 1

—all welcome

Ash Wednesday Liturgy

2pm

Wednesday 6th March



Happy Birthday this week to:  
Angus Nolan  
Thomas Peters

### Student of the Week Awards—Week 5

**TALGAI —**

Makiah Scotney—for her growing confidence in having-a-go to improve her learning.

**CUNNINGHAM —**

Darius Olsen for being willing to have-a-go at new tasks.

**DALRYMPLE —**

Alicia Deehan for being resilient when faced with obstacles and taking her learning to new heights.

**GLENGALLAN —**

Arlia Scotney for having the confidence to overcome challenges in her learning.

### Mary MacKillop Award Inclusive

**Talgai—**

Max Kirkland

**Cunningham—**

Jake Burns and Jonte May

**Dalrymple—**

Amos Jacklin

**Glengallan—**

Patrick Denny

### Southern Downs Trials—

**Swimming:** congratulations to all of our students for their efforts during last week's Southern Downs Swimming carnival. They represented both their school and the Central Downs District proudly and in the right spirit. Best wishes to Matilda Gasson, Jonte May, William Peters and Brett Shelton who successfully qualified to go onto the Darling Downs Swimming Carnival on the 6th March in Gatton.

**Central Downs Rugby League, Netball and Soccer—** Last Thursday, the Central Downs Trials occurred for the upcoming Southern Downs in rugby league, netball and soccer. McKinley Keogh was chosen to be part of the under 11 Central Downs Team while Angus McArthur, Patrick Denny, Harry Wright, Ziggy Gibson, Joshua Millard, Marty May, and William Brasch were selected to attend the Southern Downs Carnival. The trials for league, netball, soccer and hockey take place on the 15th March.

**School Family Mass—** Thank you to those families who were able to join the rest of our community at our school Mass on Sunday. These are organised by Miss Preston once per term. Not only is attending Mass a lovely thing to do with family, but Mass attendance is also recorded in your child's school reports in the 'Extra Curricular' section. This support-of-community is an area that secondary schools consider when processing enrolment applications. Keep an eye on our calendar for term two's family mass date. We'd love for you to join us. Everyone is welcome.



Jonte (above) and William (below) were very proud of their efforts during last Monday's Southern Downs Swimming Carnival. Jonte was runner up for 9yrs boys.



## School Counsellor News

Karen Bruggemann—  
School Counsellor

### ***Around the Classrooms***

The start of a new year can be a time of adjustment— to getting back into the school routine, a new teacher or starting a new school. It is also a time to review how we support student well-being throughout the school and what extra support may be required for some students to reach their potential.

STUDENT WELL-BEING AND RESILIENCE are essential for academic and social development and are enhanced by safe, supportive and respectful learning environments. Whole of school and individual programs encompass this philosophy and include strategies to promote and develop wellbeing and resilience. RESILIENCE helps children deal with life's ups and downs, better manage stress and bounce back from challenges and provides a foundation to deal with future adversity.

### ***Did you know?***

Resilience is associated with better academic performance and school behavior, fewer mental health issues longer term and greater life opportunities (eg. employment and relationships). **The ability to be resilient can be fostered and developed over time. HELPING YOUR CHILD—** Parents can help children develop skills, habits and attitudes for building resilience by helping them to:

1. Build good relationships with others including adults and peers;
2. Build their independence;
3. Learn to identify, express and manage their emotions,
4. Build their confidence by taking on personal challenges. **Please see websites below for further information.**

### ***School Support Team***

The school support team is keen to ensure we all work together help your child meet their full potential. You are welcome to speak to your child's teacher, Mr Maher or Debbie Groombridge if you have concerns regarding your child or have questions about referral to the School Counsellor . Kind regards, Karen Bruggemann.

(Information adapted from: <https://www.education.gov.au>; <https://healthyfamilies.beyondblue.org.au/healthy-homes/building-resilience>; <https://beyou.edu.au>; <https://studentwellbeinghub.edu.au>; <https://www.beyondblue.org.au>)



## Parish News

### LITURGY TIMES

**1<sup>ST</sup> SUNDAY OF MONTH —**

**MASS 9AM**

**2<sup>ND</sup>, 3<sup>RD</sup> SUNDAY OF MONTH**

**— MASS 5.30pm**

**4<sup>TH</sup>, 5<sup>TH</sup> SUNDAY OF MONTH —  
LITURGY OF THE WORD —**

**9 AM**



**St Patrick's School  
Parents & Friends Association**

"... as many hands build a house, so many hearts make a school"

**You're invited to our next P & F Meeting Wednesday 13 March  
7pm in the Library.**

**Our Annual General Meeting** was held on the 20th February. Karen Brown and Shane Peters stood down from their positions of President and Vice. We thank both Karen and Shane for their work on our committee throughout 2018 and we look forward to their continued support of our school community.

**2019 Committee positions** (voted on)—**President (to be filled)**, Betty Drennett (Vice President) Karli Ekerick (Treasurer), Meghan Keleher (Secretary).

**2019 Sub-committee positions**— Lisa Hansford (Care group), Alana Deehan (Trivia night coordinator).

**Volunteers wanted**— Uniform coordinator, Tuckshop convenor and Trivia night helper.

**Cross Country Volunteers**— We need some helpers to assist in the coordination of the 'meal deal' we offer to the students of St Patrick's and St Francis de Sales on the 20th March. Please contact Karli if you can assist.

### SCHOOL BELL TIMES

**8.40am Start of School**

10.45am Break start

11.25am Break finish

1.30pm Snack start

1.50pm Snack finish

2.50pm Pack up

**2.55pm End of School**

### UNIFORM DAYS

Monday — Formal

Tuesday — Formal

**Wednesday — Sports**

Thursday — Formal

**Friday — Sports**



**St Patrick's School Board** - Our School Board recently held it's first meeting for the year. At the end of his two year tenure as Board Chair, David Burton stood down and Felicity Philp took up the position of Chair. We thank Felicity for accepting this role and David for his commitment to our School Board. We look forward to his continued membership of this group.

Kylie Brasch has been a long standing member on our School Board. Kylie stood down from her position on the board this week. We thank Kylie for her years of dedication to this important role.

**Expressions of Interest**— Our School Board drives the school improvement continual renewal agenda. It is consulted with on many changes affecting our school community. The board is now calling for expressions of interest. Contact the Tyrone if you would like some further information.

## Helping Children Relax Workshop



The joy of being  
relaxed

**THURSDAY 14<sup>th</sup> MARCH**

**7:00 – 8:30 pm**

At the Centre for Healthy Living  
14 Freestone Road, Warwick.

In this workshop we will look at how to help children be positive, calm and relaxed. This will help them succeed at school, have good relationships with their friends and positive self-worth. Jan Dugan and Jan Buddins, authors of the book 'Helping Children Relax' will share guidelines applied from more than three decades of working with children and families. You will receive a FREE copy of the book at the workshop. Bring a friend!

Cost: \$50 (Concessions available)

BOOK HERE: Online: <http://www.assumptioncollege.edu.au/assumptioncollege/helping-children-relax-workshop> or phone 4666 4000

Or phone: 4666 3340



**ASSUMPTION COLLEGE WARWICK**  
*Sow, Nurture, Grow*

Assumption College is now accepting Enrolments for 2020 and will be commencing enrolment interviews in the next few weeks. Enrolment applications are available from the College office. For further information, please contact the office on 4660 4000.

Assumption College Open Day 17<sup>th</sup> May, 2019

Year 6 Transition Day 1 31st July, 2019

Year 6 Transition Day 2 19<sup>th</sup> September, 2019

Year 6 Transition Day 3 27<sup>th</sup> November, 2019.

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## What's Happening?



Book Club was sent home today. LOOP is the easiest way for parents to order and pay for Book Club. Just click submit – **that's it**. If you're not in LOOP, now is the perfect time to opt-in via the Book Club platform. For more information on LOOP, visit: [scholastic.com.au/loopinfo](http://scholastic.com.au/loopinfo). These orders must be placed before the end of the day or to the school office by **Monday, 11<sup>th</sup> March**. Don't let St Patrick's miss out on any rewards. Thanks for ordering from Book Club.

**SOON TO BE RELEASED— 2019 ONLINE ANNUAL CALENDAR**

**DATE CLAIMERS- 2019**

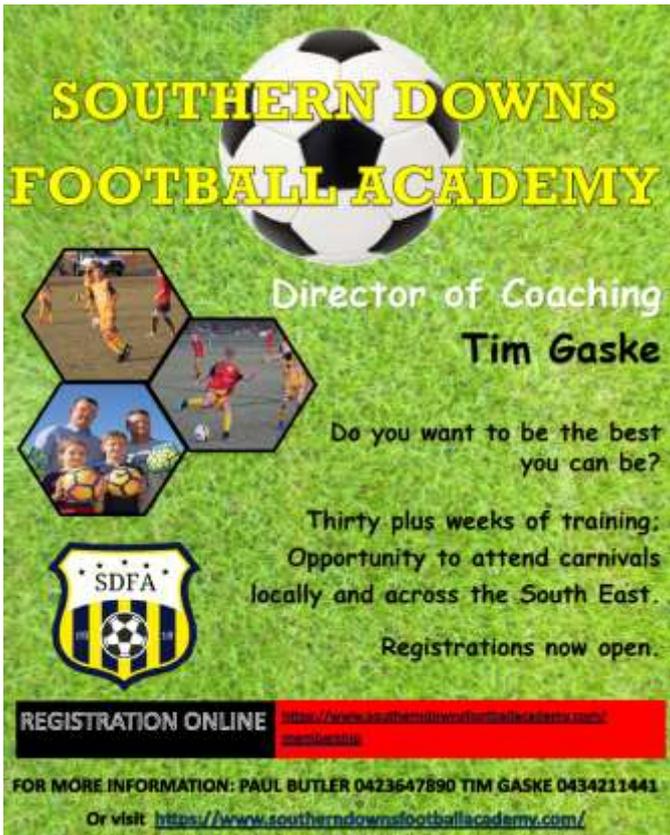
- 6 Mar 2pm Ash Wednesday Liturgy
- 6 Mar Darling Downs Swimming
- 8 Mar SD Touch Football
- 13 Mar P&F Meeting 7pm in Library
- 15 Mar St Patrick's Day Liturgy at Assembly
- 15 Mar SD netball, hockey and rugby league trials
- 19 Mar School Photos—return Orders by 13th March
- 20 Mar School Cross Country—Allora Golf Course  
Return Meal Deal orders by Friday 15th March
- 3 Apr CD Cross Country—Pilton

**2019 Term dates**

- Term 1 Tuesday 29 January to Friday 5 April
- Term 2 Tuesday 23 April to Friday 28 June
- Term 3 Monday 15 July to Friday 20 September
- Term 4 Tuesday 8 October to Friday 6 December

**2019 Pupil Free Days—Professional Learning for Staff**

- Friday 5th April
- Friday 28th June
- Friday 20th September
- Monday 21st October



**SOUTHERN DOWNS FOOTBALL ACADEMY**

Director of Coaching  
**Tim Gaske**

Do you want to be the best you can be?

Thirty plus weeks of training.  
Opportunity to attend carnivals locally and across the South East.

Registrations now open.

**REGISTRATION ONLINE** <https://www.southerndownsfootballacademy.com/registration>

FOR MORE INFORMATION: PAUL BUTLER 0423647890 TIM GASKE 0434211441  
Or visit <https://www.southerndownsfootballacademy.com/>



**Allora 150 Year Celebrations**  
20th - 21st July 2019

**COME HOME TO ALLORA**

**20<sup>th</sup> - 21<sup>st</sup> July**

official opening · town crier · meet the makers crafts · beard & moustache growing competition · pioneer dinner  
bullock team crossing · fashions through the years · memorial service to honour Allora's fallen soldiers · poets breakfast  
· sports day · veteran cars · Drayton st museum · Warwick st museum · sports museum · Mary Poppins house ·  
Allora art & craft group · garden group floral displays · QCWA - 90 year display & food sales · Church tours · Street performers ·  
Lost trades/arts/crafts demonstrations · 150-year time line display · maypole dancing · decorated bikes · vintage cars  
· vintage bicycles · photography displays · art displays · barrel racing · souvenirs · 150 years of policing & justice display

Wendy Ardrey - 0488 673 778 · Email: [adhssec@gmail.com](mailto:adhssec@gmail.com) · Lyn Wright - 0408 753 085 · Web: [www.allora150.org](http://www.allora150.org)

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